



Linguine AMATRICIANA

MEDITERRANEAN DISHES

Ready in just 3 minutes

A fine selection of ready-to-eat meals with the aim of saving time and energy for modern and busy people who don't want to compromise quality. Just heat and eat! Discover a whole range of homemade Mediterranean recipes, handcrafted by our experienced chefs with care and the highest quality ingredients.



Linguine AMATRICIANA



**FULLY COOKED
READY IN 3'**

WITH EXTRA
VIRGIN OLIVE OIL
—
NO ADDITIONAL
PRESERVATIVES
AND ADDITIVES

Ingredients: 48% Cooked linguine pasta (**wheat** semolina, water), tomato, 8,3% smoked bacon (pork meat, salt, glucose, antioxidant: sodium ascorbate, preservative: sodium nitrite, smoke flavoring), white wine (contains **sulfites**), onion, extra virgin olive oil, hard cheese [cow milk, salt, rennet, preservative: lysozyme (contains **egg**)], salt, parsley, chicken stock (salt, glucose syrup, yeast extract, flavorings (contain **egg**), hydrolyzed vegetable proteins (corn, cabbage), corn starch, olive oil, 1% chicken extract, spice extracts (contain **celery**), powder, spices), spices.

Nutrition Declaration Per 100g	Per serving 300g	%RI
Energy 842kJ/200kcal	2526kJ/600kcal	30%
Fat 7,4g	29,1g	32%
of which saturates 2,1g	6,3g	32%
Carbohydrate 24,9g	74,7g	29%
of which sugars 1,3g	3,9g	4%
Proteins 7,7g	23,1g	46%
Salt 0,93g	2,79g	47%

* RI (%) Reference Intake of an average adult 8400kJ/2000kcal

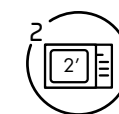
Shelf life 45 days.

Keep refrigerated at temperature 1°C - 5°C
After opening keep refrigerated and consume within 24 hours.
Suitable for freezing. Defrost thorough before use.
Once defrosted (in refrigerator) consume within 24 hours.

NET WT: 300g e | 1 PORTION



REMOVE
THE LABEL



MICROWAVE
[750W]
FOR 2 MINUTES



ALLOW TO STAND
FOR 1 MINUTE



REMOVE THE FILM
AND ENJOY

Before heating:
remove the label
without removing or
puncturing the film.

During heating:
Any popping noises
and steam inflation
are normal.

After heating:
Check food is piping
hot. Allow to stand for
one minute.

**Do not reheat
once cold.**

**All cooking
appliances vary.**

Mediterranean Recipes

READY TO EAT IN 3 MINUTES.

www.aegeangourmet.gr